

1st Annual Conference of Delhi Menopause Society

NORTH ZONE IMSCON

Hotel Pride Plaza, Aerocity | New Delhi

10th

11th

December, 2022

Theme:

*Let Us Stand Up For
Her Menopausal Rights*

SCIENTIFIC
BROCHURE



www.nzimscon.com

Welcome Address

A warm welcome from the organising Committee of the **North Zone Indian Menopause Society Conference (North Zone IMSCON) 2022.**

With hearts full of warmth, we welcome each one of you to **Dilwalon ki Dilli.**

We promise you a weekend of academic interaction & deliberation, platform for ideation & conceptualization, corners for refreshing bonds & introspection, stage for revelation & inner gratification.

The organising committee supported by the patrons & seniors of the **Delhi Chapter of IMS** are teaming together to chart a very simple and practical education and scientific programme which shall help increase awareness, instill confidence in managing menopause & develop a holistic approach to menopause & its related issues

We shall talk & openly discuss those untouched, uncharted areas of life of a menopause woman with experts from all fields so as to improve her quality of life.

Our Theme : Let us Stand Up for her Menopause Rights

We are eagerly waiting to welcome you physically to the capital of India, Delhi, the Dil of NZ IMS on **10- 11 th December 2022.**

Stay tuned for more updates.



Organizing Committee



Dr. Meenakshi Ahuja
Organising Chairperson



Dr. Jyoti Bhaskar
Organising Secretary



Dr. Renuka Malik
Organising Vice Chairperson



Dr. Kiranjeet Kaur
Organising Joint Secretary



Dr. Priti Dhamija
Organising Joint Secretary &
Treasurer

Advisor



Dr. Shobhana Mohandas
President, IMS



Dr. Anju Soni
Secretary, IMS



Organizing Committee

1. Workshops Committee

A. Bone Health & Sarcopenia

Dr. Jyoti Bhaskar
Dr. Maninder Ahuja
Dr. Garima Tyagi
Dr. Meenakshi Sabharwal
Dr. Meenakshi Sharma
Dr. Ritu Arya
Dr. Uma Vaidyanathan

B. Nutrition & Nutraceuticals

Dr. Meenakshi Ahuja
Dr. Kiranjeet Kaur
Dr. Anjila Aneja
Dr. Kiran Chhabra
Dr. Leena Gupta
Dr. Raka Guleria
Dr. Shelly singh
Dr. Susheela Gupta

C. Prescription Writing in Menopause

Dr. Kiran Agarwal
Dr. Anuradha Singh
Dr. Dipti Nabh
Dr. Madhu Goel
Dr. Shweta Mathur

D. Urogynaecology

Dr. Priti Dhamija
Dr. Anita Sabharwal
Dr. Sonal Bathla

2. Publicity & Social Media

Dr. Ritu Arya
Dr. Aradhna Singh
Dr. Meenakshi Ahuja

3. Prizes & Mementoes

Dr. Meenakshi Ahuja
Dr. Deepa Gupta
Dr. Deepshikha Goel
Dr. Renu Chawla

4. Travel & Reception

Dr. Priti Dhamija
Dr. Deepshikha Goyal
Dr. Seema Gupta
Dr. Vandana Gupta

5. Scientific Conductance

Dr. Jyoti Bhaskar
Dr. Leena Sreedhar
Dr. Neha Kapoor
Dr. Nidhi Khera
Dr. Shelly Singh
Dr. Suyesha
Dr. Vandana Gupta
Dr. Yukti Wadhawan

6. Inauguration

Dr. Kiranjeet Kaur
Dr. Priti Dhamija
Dr. Anita Sabharwal
Dr. Kusum Bharadwaj
Dr. Sujata Agarwal
Dr. Yukti Wadhawan

7. Sponsorship

Dr. Kiranjeet Kaur
Dr. Kiran Chhabra
Dr. Susheela Gupta
Dr. Tejashri Shirotri

8. Cultural & Dinner

Dr. Meenakshi Ahuja
Dr. Nimmi Rastogi
Dr. Poonam Goyal
Dr. Shelly Singh
Dr. Sujata Agarwal
Dr. Suyesha

9. Research Paper & Quiz

Dr. Renuka Malik
Dr. Anuradha Singh
Dr. Namita Chopra
Dr. Neha Pruthi Tandon

10. Public Forum Committee

Dr. Pushpa Sethi
Dr. Aarti from Agra
Dr. Deepa Gupta
Dr. Nidhi Khera
Dr. Renuka Malik





Registration Details | 10th - 11th December, 2022

Category	Early Bird Registration Till 15 th November	16 th November Onwards / Onspot
Member	INR 5000	INR 6000
Non Member	INR 6000	INR 7000
Faculty	INR 5000	INR 6000
PG Students	INR 3000	INR 4000

For any Information, Contact- +91- 8810265272

The above fees is inclusive of 18% GST

IMS Delhi Chapter Life Membership & Conference Registration @ INR 10000 Only



Click Here To Avail Special Offer

**Click HERE TO Avail
Early Bird Offer**

**REGISTER AT
www.nzimscon.com**



9:00 - 12:00 Noon	Workshops: 1. Bone Health & Sarcopenia 2. Nutrition & Nutraceuticals 3. Prescription Writing in Menopause 4. Urogynaecology
Scientific Program	
Time	Topic
12:30 - 1:30 PM	Inauguration
1:30 - 2:15 PM	Presidential Oration
2:15 - 3:00 PM	Lunch
3:00 - 4:00 PM	Panel Discussion: Sexual Life After Menopause
4:00 - 5:00 PM	Panel Discussion: Maintaining Sanity And Mental Health
5:30 - 6:30 PM	Public Forum
7:00 PM Onwards	Cultural Evening & Dinner



SCIENTIFIC PROGRAM

Day 2 | 11th December, 2022

Time	Topic
6:30 - 7:00 AM	Zumba
8:00 - 9:00 AM	Paper Presentation
Academic Session – Need of The Hour	
9:00 - 10:00 AM	Uterus Calls Panel Discussion: Perimenopausal AUB & Postmenopausal Bleeding
10:00 - 11:00 AM	Vulval Graphics 1. Benign Lesions Of Postmenopausal Vulva 2. Genitourinary Syndrome of Menopause 3. Vaginal Rejuvenation
11:00 - 12:00 Noon	Breast Saga Multidisciplinary Panel Discussion
12:00 - 1:00 PM	Quality Of Life Matters 1. Hair And Skin 2. Dental Care 3. Attaining Economic Independence
1:00 - 2:00 PM	Ovarian Dream A Multidimensional Panel Discussion
2:00 - 3:00 PM	Quiz & Prizes
2:30 PM Onwards	Lunch



Conference Venue

Hotel Pride Plaza, Aerocity | New Delhi



www.nzimscon.com

Conference Manager's



Conferences International

B-220/2, 2nd Floor,
Opposite Kali Masjid, Savitri Nagar
New Delhi – 110017
M: +91-8810265272



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10th & 11th December, 2022

Theme:

*Let Us Stand Up For
Her Menopausal Rights*

REGISTRATION FORM

IMS Membership No. _____

Title: Prof/ Dr/ Mr/ Ms

Gender: Male ☐ Female ☐

First Name _____ Last Name _____

Institution / Affiliation _____

Correspondence Address _____

_____ City _____

Pin Code _____ State _____ Country _____

Mobile No. _____ Email _____

(All the above fields are mandatory)

Conference Registration

Category	Early Bird Registration Till 15 th November	From 16 th November / Onspot
☐ Member	INR 5000 ☐	INR 6000 ☐
☐ Non Member	INR 6000 ☐	INR 7000 ☐
☐ Faculty	INR 5000 ☐	INR 6000 ☐
☐ PG Students	INR 3000 ☐	INR 4000 ☐

*PG Students need to Submit their Bonafide Certificate from HOD

The above fees is inclusive of 18% GST

REGISTRATION INCLUSIONS

- Access to Scientific Sessions
- Access to the Exhibition Area
- Lunch (10th & 11th Dec.)
- 1 Pre Conference Workshop
- Dinner 10th Dec.
- Tea/Coffee Breaks During Conference
- Conference Kit
- Certificate of Participation

Pre-Conference Workshops (Choose Any One)

Bone Health & Sarcopenia ☐	Nutrition & Nutraceuticals ☐
Prescription Writing in Menopause ☐	Urogynaecology ☐

Conference Registration is Mandatory to Attend the Workshop

Mode of Payments

1. Draft/Cheque To be made in favor of “**Conferences International**”

2. Bank Transfer Details

Account Holder Name: Conferences International

Account Number: 920020017754100

Bank Name & Address: Axis Bank Ltd,
South City II G GUR HR, Gurgaon – 122018

IFSC Code: UTIB0003292

Note: *Kindly email us the bank deposit slip / UTR number, along with the filled Registration Form once you have made the payment.

To Register Online Log On To: www.nzimscon.com

Cancellation Policy

- Cancellation till 15th November : 50% Refund.
- Cancellation from 16th November Onwards : No Refund.
- All refunds will be made after the Congress.

Please send Registration Form along with cheque / draft at Conference Manager address

Conference Manager



Mr. Shivam Verma
Conferences International
B-220/2, 2nd Floor,
Opposite Kali Masjid, Savitri Nagar
New Delhi – 110017
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