

1st Annual Conference of Delhi Menopause Society

# North Zone IMSCON

Hotel Pride Plaza, Aerocity | New Delhi





December, 2022

Theme:

Let Us Stand Up For Her Menopausal Rights

# SCIENTIFIC BROCHURE





# Welcome Address

A warm welcome from the organising Committee of the **North Zone Indian Menopause Society Conference** (North Zone IMSCON) 2022.

With hearts full of warmth, we welcome each one of you to **Dilwalon ki Dilli.** 

We promise you a weekend of academic interaction & deliberation, platform for ideation & conceptualization, corners for refreshing bonds & introspection, stage for revelation & inner gratification.

The organising committee supported by the patrons & seniors of the **Delhi Chapter of IMS** are teaming together to chart a very simple and practical education and scientific programme which shall help increase awareness, instill confidence in managing menopause & develop a holistic approach to menopause & it's related issues

We shall talk & openly discuss those untouched, unchartered areas of life of a menopause woman with experts from all fields so as to improve her quality of life.

Our Theme : Let us Stand Up for her Menopause Rights

We are eagerly waiting to welcome you physically to the capital of India, Delhi, the Dil of NZ IMS on 10-11 th December 2022.

Stay tuned for more updates.





**Dr. Meenakshi Ahuja** Organising Chairperson



**Dr. Renuka Malik**Organising Vice Chairperson



**Dr. Jyoti Bhaskar** Organising Secretary



**Dr. Kiranjeet Kaur** Organising Joint Secretary



**Dr. Priti Dhamija**Organising Joint Secretary &
Treasurer

# Advisor



**Dr. Shobhana Mohandas**President, IMS



**Dr. Anju Soni** Secretary, IMS





# Organizing Committee

# 1. Workshops Committee

### A. Bone Health & Sarcopenia

Dr. Jyoti Bhaskar

Dr. Maninder Ahuja

Dr. Garima Tyagi

Dr. Meenakshi Sabharwal

Dr. Meenakshi Sharma

Dr. Ritu Arya

Dr. Uma Vaidyanathan

#### **B. Nutrition & Nutraceuticals**

Dr. Meenakshi Ahuja

Dr. Kiranjeet Kaur

Dr. Anjila Aneja

Dr. Kiran Chhabra

Dr. Leena Gupta

Dr. Raka Guleria

Dr. Shelly singh

Dr. Susheela Gupta

## **C. Prescription Writing in Menopause**

Dr. Kiran Agarwal

Dr. Anuradha Singh

Dr. Dipti Nabh

Dr. Madhu Goel

Dr. Shweta Mathur

### D. Urogynaecology

Dr. Priti Dhamija

Dr. Anita Sabharwal

Dr. Sonal Bathla

# 2. Publicity & Social Media

Dr. Ritu Arya

Dr. Aradhna Singh

Dr. Meenakshi Ahuja

#### 3. Prizes & Momentoes

Dr. Meenakshi Ahuja

Dr. Deepa Gupta

Dr. Deepshikha Goel

Dr. Renu Chawla

# 4. Travel & Reception

Dr. Priti Dhamija

Dr. Deepshikha Goyal

Dr. Seema Gupta

Dr. Vandana Gupta

#### 5. Scientific Conductance

Dr. Jyoti Bhaskar

Dr. Leena Sreedhar

Dr. Neha Kapoor

Dr. Nidhi Khera

Dr. Shelly Singh

Dr. Suyesha

Dr. Vandana Gupta

Dr. Yukti Wadhawan

## 6. Inaugration

Dr. Kiranjeet Kaur

Dr. Priti Dhamija

Dr. Anita Sabharwal

Dr. Kusum Bharadwaj

Dr. Sujata Agarwal

Dr. Yukti Wadhawan

# 7. Sponsorship

Dr. Kiranjeet Kaur

Dr. Kiran Chhabra

Dr. Susheela Gupta

Dr. Tejashri Shirotri

#### 8. Cultural & Dinner

Dr. Meenakshi Ahuja

Dr. Nimmi Rastogi

Dr. Poonam Goyal

Dr. Shelly Singh

Dr. Sujata Agarwal

Dr. Suyesha

# 9. Research Paper & Quiz

Dr. Renuka Malik

Dr. Anuradha Singh

Dr. Namita Chopra

Dr. Neha Pruthi Tandon

#### 10. Public Forum Committee

Dr.Pushpa Sethi

Dr. Aarti from Agra

Dr. Deepa Gupta

Dr. Nidhi Khera

Dr. Renuka Malik







# Registration Details | 10<sup>th</sup> - 11<sup>th</sup> December, 2022

Category	Early Bird Registration Till 15 <sup>th</sup> November	16 <sup>th</sup> November Onwards / Onspot
Member	INR 5000	INR 6000
Non Member	INR 6000	INR 7000
Faculty	INR 5000	INR 6000
PG Students	INR 3000	INR 4000

For any Information, Contact- +91- 8810265272

The above fees is inclusive of 18% GST

IMS Delhi Chapter Life Membership & Conference Registration @ INR 10000 Only



# Click Here To Avail Special Offer

Click Here to Avail Early Bird Offer

REGISTER AT www.nzimscon.com

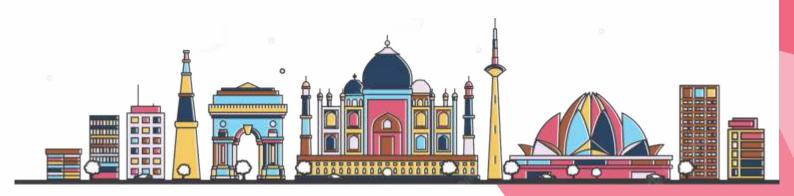


# Day 1 | 10<sup>th</sup> December, 2022

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# **Scientific Program**

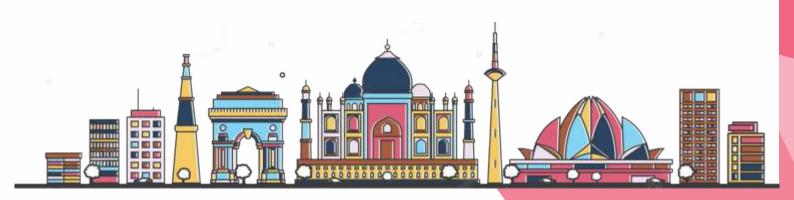
Time	Topic	
12:30 - 1:30 PM	Inauguration	
1:30 - 2:15 PM	Presidential Oration	
2:15 - 3:00 PM	Lunch	
3:00 - 4:00 PM	Panel Discussion: Sexual Life After Menopause	
4:00 - 5:00 PM	Panel Discussion: Maintaining Sanity And Mental Health	
5:30 - 6:30 PM	Public Forum	
7:00 PM Onwards	Cultural Evening & Dinner	



# **SCIENTIFIC PROGRAM**

# Day 2 | 11<sup>th</sup> December, 2022

Time	Topic			
6:30 - 7:00 AM	Zumba			
8:00 - 9:00 AM	Paper Presentation			
Academic Session – Need of The Hour				
9:00 - 10:00 AM	Uterus Calls Panel Discussion: Perimenopausal AUB & Postmenopausal Bleeding			
10:00 - 11:00 AM	Vulval Graphics 1. Benign Lesions Of Postmenopausal Vulva 2. Genitourinary Syndrome of Menopause 3. Vaginal Rejuvenation			
11:00 - 12:00 Noon	Breast Saga Multidisciplinary Panel Discussion			
12:00 - 1:00 PM	Quality Of Life Matters  1. Hair And Skin  2. Dental Care  3. Attaining Economic Independence			
1:00 - 2:00 PM	Ovarian Dream A Multidimensional Panel Discussion			
2:00 - 3:00 PM	Quiz & Prizes			
2:30 PM Onwards	Lunch			



# Conference Venue

Hotel Pride Plaza, Aerocity | New Delhi



# **Conference Manager's**



### **Conferences International**

B-220/2, 2nd Floor, Opposite Kali Masjid, Savitri Nagar New Delhi – 110017 M: +91-8810265272



Theme: Let Us Stand Up For Her Menopausal Rights

# 1st Annual Conference of Delhi Menopause Society

# North Zone IMSCON Hotel Pride Plaza, Aerocity | New Delhi

10<sup>th</sup> & 11<sup>th</sup> December, 2022

# **REGISTRATION FORM**

IMS Membership No  Title: Prof/ Dr/ Mr/ Ms  First Name  Institution / Affiliation	Las	st Name				
Correspondence Address			<u>City</u>			
Pin CodeStat	eStateCountry					
Mobile No.			(All the above fields are mandatory)			
		Registration				
Category	Early Bird Re Till 15 <sup>th</sup> No	egistration ovember	From 16 <sup>th</sup> November / Onspot			
Member	INR 5000		INR 6000			
Non Member	INR 6000		INR 7000			
Faculty	INR 5000		INR 6000			
PG Students	INR 3000		INR 4000			
*PG Students need to Submit their Bonafide Certificate from HOD  *REGISTRATION INCLUSIONS  • Access to Scientific Sessions  • Access to the Exhibition Area  • Lunch (10 <sup>th</sup> & 11 <sup>th</sup> Dec.)  • 1 Pre Conference Workshop  *Dinner 10 <sup>th</sup> Dec.  • Tea/Coffee Breaks During Conference  • Conference Kit  • Certificate of Participation						
Pre-Conference Workshops (Choose Any One)						
Bone Health & Sarcopenia		Nutrition & Nutr	aceuticals			
Prescription Writing in Menopause	Urogynaecology					
Conference Registration is Mandatory to Attend the Workshop						

#### **Mode of Payments**

1. Draft/Cheque To be made in favor of "Conferences International"

2. Bank Transfer Details

**Account Holder Name:** Conferences International

Bank Name & Address: Axis Bank Ltd, South City II G GUR HR, Gurgaon – 122018 **Account Number:** 920020017754100

IFSC Code: UTIB0003292

**Note:** \*Kindly email us the bank deposit slip / UTR number, along with the filled Registration Form once you have made the payment.

# To Register Online Log On To: www.nzimscon.com

### **Cancellation Policy**

- Cancellation till 15<sup>th</sup> November: 50% Refund.
- Cancellation from 16<sup>th</sup> November Onwards : No Refund.
- All refunds will be made after the Congress.

Please send Registration Form along with cheque / draft at Conference Manager address

#### **Conference Manager**



Mr. Shivam Verma Conferences International

B-220/2, 2nd Floor, Opposite Kali Masjid, Savitri Nagar New Delhi – 110017 M: +91 88102 65272

Email: nzimscon@gmail.com

